



Raise the Bar  
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[raisethebarintramurals.com](http://raisethebarintramurals.com)

## Re: RAISE THE BAR INTRAMURAL WORKSHOPS FOR EDUCATORS

Raise the Bar is offering school boards across the province the opportunity to in-service teachers in the area of intramural programming. This half-day workshop will provide instruction and leadership with regard to the expertise, strategies and resources required to build and sustain a quality intramural program.

Raise the Bar, through the funding provided by the Ministry of Health Promotion, will pay for the release time of teachers so they may attend this workshop. The workshop may be held either in the morning or afternoon and be combined with another day that your school board has planned for professional development.

Once we have confirmed the number of teachers attending the workshop, you can forward an invoice or statement to me so that I can begin the process of re-funding your expense. Please send this invoice to the address listed above. **There is no cost to the school board for this workshop.**

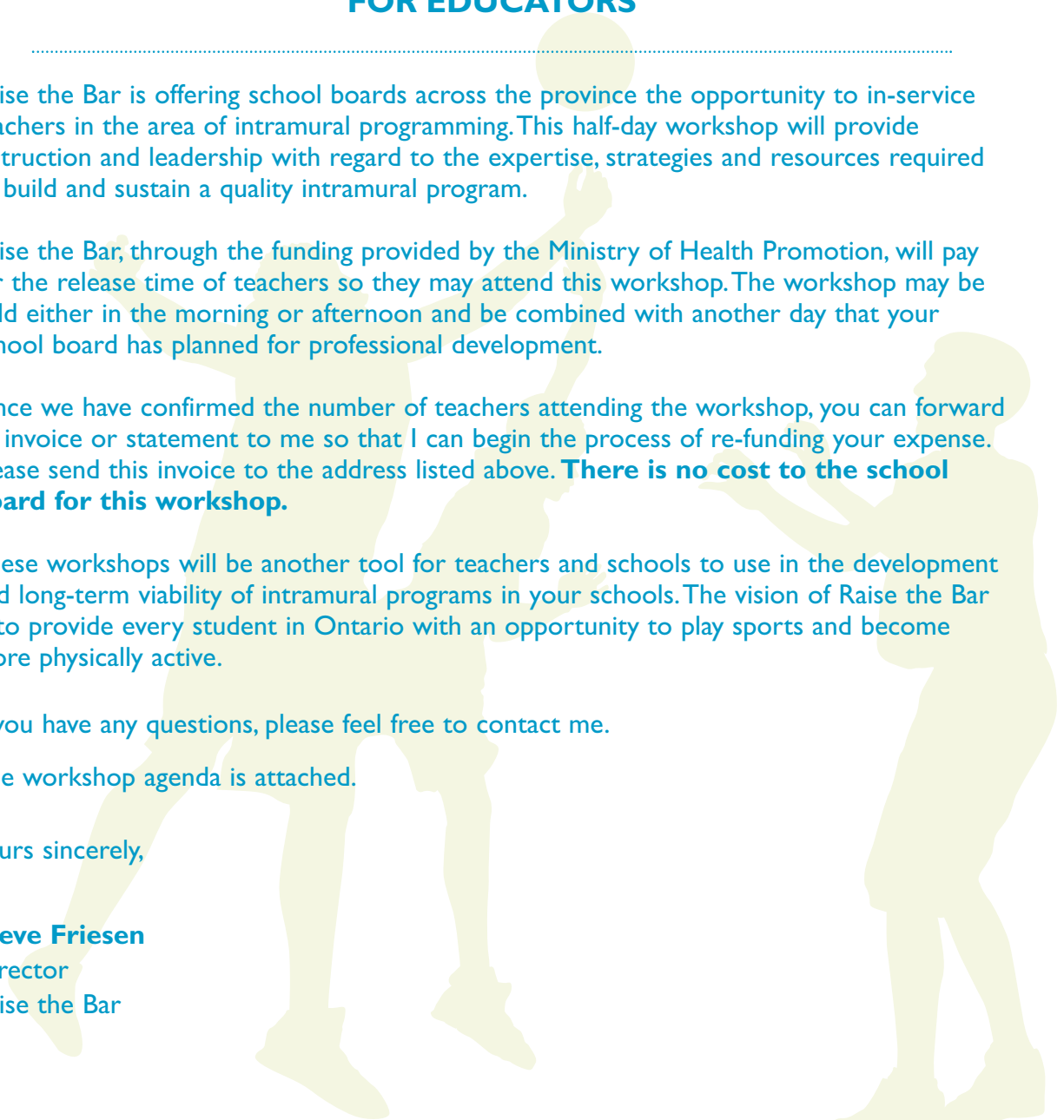
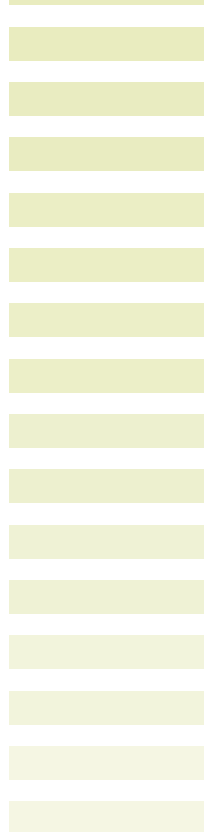
These workshops will be another tool for teachers and schools to use in the development and long-term viability of intramural programs in your schools. The vision of Raise the Bar is to provide every student in Ontario with an opportunity to play sports and become more physically active.

If you have any questions, please feel free to contact me.

The workshop agenda is attached.

Yours sincerely,

**Steve Friesen**  
Director  
Raise the Bar



# RAISE THE BAR WORKSHOP

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What to bring? Teachers are asked to bring the following materials:

- Pen, paper
- A written description or outline of an intramural game
- Enough copies of the game to share with all workshop attendees

Presenter requirements – screen, projector, laptop computer

## INTRODUCTION

What is Raise the Bar  
Philosophy of inclusion  
Benefits of intramurals  
Brief discussion

## SMALL GROUP WORK

Focus questions to discuss and share  
Sharing game ideas

## LARGE GROUP WORK

Brief from small group work  
Discussion

## RAISE THE BAR WEBSITE

Briefly go through this resource

## PLAN OF ACTION - SMALL GROUPS

Where is your intramural program now?  
Where do you want it to be?  
What is your plan for getting the program you want?  
What support do you need to realize your goal?

## NEXT STEPS

Raise the Bar Student Leadership Conference  
More support

## QUESTIONS AND ANSWERS

## WORKSHOP EVALUATION



Contact information for Steve Friesen:

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