

St. James Athletic Council

The following is a break down as to how we organize our athletic program.

Selecting the Athletic Council President:

We have our student council elections in May. Students wishing to run for student office must fill out an application form and submit it to the student council staff advisor for approval.

To run for the athletic council president you must have served on the council for at least one year. We feel it is important to have a president that is familiar with what we do.

In mid-May, we have student council elections. We have a school assembly where all nominees for student council leadership, athletic council and arts council speak to the staff and student body. After the speeches we have two days of elections where students vote.

Selecting the Council Members:

Once we have our president we begin the process of interviewing and selecting members for the athletic council. The interested students complete an application form – see example attached – and submit it to the main office into a drop box by early June.

From here we screen the applicants and then interview about 20 – 25 for the 15 positions. Interviews occur at lunch and after school in mid – June. These interviews are conducted by the president as well as two returning athletic council members. Each interview is 10 minutes in length – students are asked to respond to 5 standard questions and then are rated by the interviewing panel. We have our council in place by the end of June exams and then have our first meeting before we break for summer.

Beginning the school year:

We have our first meeting on the second day of school. At this meeting we lay out the schedule for our year discussing the activities as well as brainstorming for more ideas to get our students active. Our core activities include:

Terry Fox Walk – Run	September
Intramural program	September - June
Toronto Raptor Games	November and March
Fitness Week	April – one week
Athletic Banquet	June

We only have one set position on the council – the president. Everyone else has responsibilities related to the activities we run.

Organizing for intramurals:

Intramurals is our major activity – we have found this to be the best way to get students engaged and promote school spirit. Every council member has a duty with intramurals.

Visiting home rooms – during the second week of school, members of the council visit each home room in the school to spend 5 minutes promoting the intramural program; we have found this particularly important for the grade 9 students.

We will re-visit the grade 9 classes in semester two to promote the program again.

With 15 members, we break our council into teams of 3. Each team is given one day per week for intramurals. These duties include:

- equipment set up for the activity
- officiating the games
- putting equipment away at the end
- keeping track of scores and team rosters for participation

We have two games being played at the same time – using our double gym.
Example,

Gym A	game 1	official – Andy
Gym B	game 1	official – Megan
Supervisor – John		

Gym A	game 2	official – Andy
Gym B	game 2	official – John
Supervisor – Megan		

This system has worked very well over the past 10 years. The president ‘walks through’ the gym every lunch hour to make sure that people are in place for their duties. If someone is away – he/she will either step in to the job or find another AC member to fill in.

There is more detailed information on the ‘intramural organization’ link pertaining to other duties related to the duties of the athletic council and intramurals.

Athletic Council Application Form – next page

5. What can we do as a council to encourage more students to be active and engaged in the school?

6. What improvements can we make to the intramural program?

7. How can we encourage more grade 9 students to become involved?

Thank you for submitting your application.

Due date for submission is _____