



Celtic Intramurals

When?

At lunch...Each month will feature a new activity or sport. There will be 2 different halves scheduled each day so you will have an opportunity to eat your lunch.

Why?

To meet new people...For fitness...Lunch can be boring...To win prizes...To get involved...To relieve stress...To raise school spirit...To listen to music...To be active and play games of course!

Who?

All students are welcome to participate! Grade 9 & 10 teams will participate in **JUNIOR** Girls or Boys Division while grade 11 & 12 will participate in the **SENIOR** Girls or Boys Division...The more teams, the better!

Where?

In our gymnasium...Come down, get changed into athletic clothing and have a blast!
***AT THE VERY LEAST, YOU MUST WEAR "RUNNING SHOES"!**

How?

Sign-up a maximum of 10 players with a team captain/representative...If you keep the team together, then you will ACCUMULATE POINTS towards capturing the **SUPERTEAM** title at the end of the school year...Otherwise, an application will become available for new teams to sign-up for the next activity/sport...Each activity will culminate in the **staff-versus-student showdown...**

Team Name

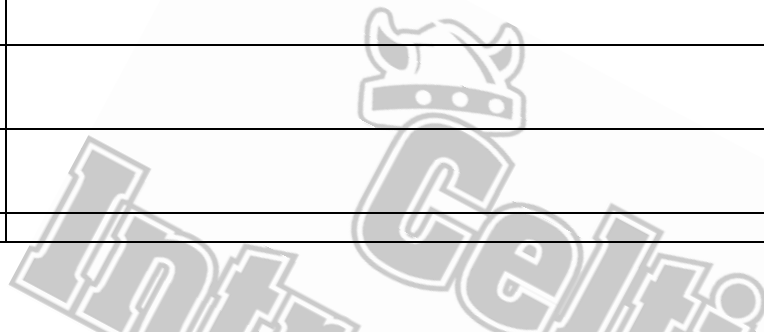
***Team names may be silly or creative, however they must be appropriate and APPROVED by the Intramural committee. Those teams with inappropriate names will be asked to resubmit a team name or the committee shall appoint a name.

Team Name here!

- Division: (Check One)
- Jr. Girls (Grade 9/10)
 - Sr. Girls (Grade 11/12)
 - Jr. Boys (Grade 9/10)
 - Sr. Boys (Grade 11/12)

Team Roster: (PRINT FIRST AND LAST NAME NEATLY)

Player	Name (FIRST & LAST NAME REQUIRED!)
1	(Captain)
2	
3	



4	
5	
6	
7	
8	
9	
10	

Intramural T-Shirt

Teams who fully participate and complete one intramural activity will receive T-shirts to be worn by their team members. This raises school spirit and identifies your team. Again, they will only be ordered once all team members have participated in at least one activity...



YOUR TEAM NAME

FRONT



BACK

T-SHIRT

ORDER FORM

1. Please select... colour of shirt with an "S"
colour of writing with a "W";

- | | |
|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> Navy Blue | <input type="checkbox"/> Powder Blue |
| <input type="checkbox"/> White | <input type="checkbox"/> Red |
| <input type="checkbox"/> Lilac | <input type="checkbox"/> Orange |
| <input type="checkbox"/> Yellow | <input type="checkbox"/> Forest Green |
| <input type="checkbox"/> Neon Green | <input type="checkbox"/> Light Brown |
| <input type="checkbox"/> Dark Brown | <input type="checkbox"/> Black |
| <input type="checkbox"/> Pink | <input type="checkbox"/> Purple |
| <input type="checkbox"/> Fuschia | <input type="checkbox"/> Grey |

- Light Yellow
- Royal Blue
- Turquoise
- Specify other _____

2. Team Name on FRONT or LOGO (PRINT NEATLY)

3. Sizes required: (PLACE # REQUIRED IN EACH BOX)

XXXL	XXL	XL	L	Med	S
<input style="width: 30px; height: 30px;" type="text"/>	<input style="width: 30px; height: 30px;" type="text"/>	<input style="width: 30px; height: 30px;" type="text"/>	<input style="width: 30px; height: 30px;" type="text"/>	<input style="width: 30px; height: 30px;" type="text"/>	<input style="width: 30px; height: 30px;" type="text"/>

Point System

PENALTIES		PENALTIES
HOME	TIME	VISITOR
SHOTS	PERIOD	SHOTS

Victory = **5 superteam points**
Tie = **3 superteam points**
Loss = **1 superteam point**

***Each player participating = 2 superteam points**
(per game!)



RULES !

- 🏆 You must wear athletic shoes with non-marking soles that are securely laced up.
- 🏆 You are highly encouraged to change into athletic clothing such as shorts and T-shirt and wash up before Period 4.
- 🏆 Be on time for you game or a forfeit will result. You must be on time for Period 4 class. **BE RESPONSIBLE!**

- 🏆 **You may NOT eat your lunch in the gymnasium.** Eat your lunch in the cafeteria either before or after you match depending whether you play 1st or 2nd.
- 🏆 1st half games played...11:30 – 11:45am 2nd half played ...11:45 – 12:00pm
- 🏆 You must respect the decisions of the student-officials. Those who disrespect the officials will be asked to remove themselves from the competition. **ALWAYS REMEMBER THE MAIN GOAL - HAVING FUN!**
- 🏆 Repeated inappropriate behaviour will result in suspension from further participation in Celtic Intramurals.
- 🏆 Teams who forfeit 2 matches will be removed from further participation unless advance notice is given (in cases of field trips, etc) **SHOW COMMITMENT!**
- 🏆 Each team needs a captain. Should a captain be absent, another team representative should fill his/her place.
- 🏆 You may NOT play for another team. Teams that are short will forfeit their match. **You may only change your team or add players when a new sport/activity begins. This keeps teams from changing midway through competition.**
- 🏆 SUPERTeam POINTS will be awarded for;
 - a. each player participating per game (2pts)
 - b. regular season victory (5pts), tie (3pts) and loss (1pt)
- 🏆 T-Shirt Awards will be given to each championship team in each of the Divisions...

**DRINK MILK, LOVE LIFE, GET FIT,
and HAVE FUN!!!**